


Group Fitness

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Pinetree Community Centre Drop-in

		Zumba Toning 9:30 - 10:30 a.m.	Hatha Yoga 9:30 - 10:30 a.m.	Zumba® 9:30 - 10:30 a.m.		
Family Yoga 4 - 5 p.m.						
		Zumba® 5:30 - 6:30 p.m.				
	Zumba® 7:15 - 8:15 p.m.					
					For the most up-to-date schedule	

Schedule subject to change without notice. Drop-in tickets available 30 minutes prior to class start time. Space is limited.