



Drop-in Schedule (Page 1 of 2)

In Effect July 2 to Sept.1

Centennial Activity Centre (CAC)


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Adult Badminton (19 yrs+) 10 a.m.-12 p.m. Reg Admission</p> <p>Family Badminton **(6 yrs+)</p> <p>12 - 2 p.m. Family Rate</p> <p>Adult Badminton (19 yrs+) 2 - 4 p.m. Reg Admission</p>	<p>*Youth Volleyball (11 - 18 yrs) 5:30 - 7:30 p.m. \$2 <i>(Canceled Aug. 5)</i></p> <p>Adult Volleyball (19 yrs+) 7:30 - 9:30 p.m. Reg Admission <i>(Canceled Aug. 5)</i></p>	<p>Family Badminton **(6 yrs+)</p> <p>5:30 - 7:30 p.m. Family Rate</p> <p>Adult Badminton (19 yrs+) 7:30 - 9:30 p.m. Reg Admission</p>	<p>Women's Only Basketball (16 yrs+) 5:30 - 7:30 p.m. \$2</p> <p>Adult Basketball (19 yrs+) 7:30 - 9:30 p.m. Reg Admission</p>	Closed	<p>*Youth Badminton (11 - 18 yrs) 5:30 - 7 p.m. \$2</p> <p>*Youth Badminton (11 - 18 yrs) 7:30 - 9:30 p.m. \$2</p>	<p>Family Badminton **(6 yrs+)</p> <p>12:30 - 2:30 p.m.</p> <p>Family Rate Adult Badminton (19 yrs+) 2:30 - 4:30 p.m. Reg Admission</p>

Poirier Community Centre (PCC)

		<p>Discover Dance **(2 - 5 yrs)</p> <p>10:30 - 11:30 a.m. \$2 <i>Please pre-register or pay at Dogwood Pavilion.</i></p>	<p>Junior Gym Bugs Gymnastics **(0 - 2 yrs)</p> <p>4:30 - 5:30 p.m. \$2</p> <p>Gym Bugs Gymnastics **(2 - 5 yrs)</p> <p>6 - 7 p.m. \$2 <i>Please pre-register or pay at Poirier Sport & Leisure Complex.</i></p>	<p>Junior Gym Bugs Gymnastics **(0 - 2 yrs)</p> <p>9:15 - 10:15 a.m. \$2</p> <p>Gym Bugs Gymnastics **(2 - 5 yrs)</p> <p>10:45 - 11:45 a.m. \$2 <i>Please pre-register or pay at Dogwood Pavilion.</i></p>		<p>Family Arts & Crafts Drop-In **(All Ages)</p> <p>10:30 a.m. - 12:30 p.m. Family Rate (Only child pays admission)</p>
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Schedule subject to change without notice. *Pre-registration not available. ** Adult participation required.

Special Information

<p>Find operating hours and contact information at: coquitlam.ca/RecCentres</p> <p>Poirier Community Centre (630 Poirier St)</p>	<p>Poirier Forum (618 Poirier St)</p> <p>Dogwood Pavilion (1655 Winslow Ave)</p> <p>Centennial Activity Centre (578 Poirier St)</p>	<p>The Getaway Youth Centre Closed for the summer, see you in the fall!</p>	<p>Family Drop-Ins: These are family oriented sessions. Participants must come in groups of at least one 6 - 18 yrs old and one 19 yrs+ participant (unless different age specified)</p>	<p>Scan for the most up-to-date schedule</p>  <p>Updated 06/28/2024</p>
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Drop-in Schedule (Page 2 of 2)

In Effect July 2 - Sept. 1

Dogwood Pavilion

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Qi Gong (19 yrs+) 11 a.m. - 12 p.m. Reg Admission (Cancelled July 21)</p>	<p>*Fit 360 (13 yrs+) 9:30-10:30 a.m. Reg Admission (Cancelled Aug. 5)</p> <p>*Body Basics (13 yrs+) 10:45-11:45 a.m. Reg Admission (Cancelled Aug. 5)</p> <p>Movie Matinee (19 yrs+) 1 - 3:30 p.m. \$2 (Cancelled Aug. 5)</p> <p>*Essentrics (13 yrs+) 7 - 8 p.m. Reg Admission (Cancelled Aug. 5)</p>	<p>Zumba® Gold (13 yrs+) 9 - 10 a.m. Reg Admission</p> <p>Art Studio (19 yrs+) 12:30 - 4:15 p.m. \$2</p>	<p>*Gentle Impact 4 Healthy Bones (13 yrs+) 11 a.m. - 12 p.m. Reg Admission</p>	<p>Zumba® Gold (13 yrs+) 9:15 - 10:15 a.m. Reg Admission</p> <p>*Fit 360 (13 yrs+) 10:30 - 11:30 a.m. Reg Admission</p>		

Poirier Forum

		<p>Adult Pickleball (19 yrs+) 12:30 - 2:30 p.m. Reg Admission Please pre-register or pay at Dogwood Pavilion.</p>		<p>Adult Pickleball (19 yrs+) 8:45 - 10:45 a.m. Reg Admission Please pre-register or pay at Dogwood Pavilion.</p>		
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