Pinetree Community Centre

Fall 2025

Drop-in Schedule

Fitness Studio

In Effect Aug. 31 to Dec. 20

Sunday Monday Tuesday Wednesday Thursday Friday Saturday *Zumba* 10:45 - 1:143 s.a.m. (Starts Oct 12) *Zumba Toning* 12:15 - 1:15 p.m. (Sep 7 - Oct 5) *Zumba* 5:30 - 6:30 p.m. *Zumba* 5:30 - 10:30 a.m. *Zumba* 5:30 - 1	Fitness Studio							
10:45 - 11:45 a.m. (Starts Oct 12) *Zumba Toning* 12:15 - 1:15 p.m. (sep 7 - Oct 5) *Zimba Toning* 9:30 - 10:30 a.m. 12:15 - 1:15 p.m. (sep 7 - Oct 5) *Zimba Toning* 9:30 - 10:30 a.m. 12:15 - 1:15 p.m. (sep 7 - Oct 5) *Zimba Toning* 9:30 - 10:30 a.m. 12:15 p.m. 12:15 p.m. (sep 7 - Oct 5)	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Updated 08/21/2025	10:45 - 11:45 a.m. (Starts Oct 12) *Zumba Toning® 12:15 -		Toning® 9:30 - 10:30 a.m. *Zumba®			up-to-date sched	ule es dans	

Schedule subject to change without notice. *Pre-registration is recommended for this program.

