




Drop-in Schedule

In Effect Aug. 31 to Dec. 20

Fitness Studio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>*Zumba®</b> 10:45 - 11:45 a.m. (Starts Oct 12)</p> <p><b>*Zumba Toning®</b> 12:15 - 1:15 p.m. (Sep 7 - Oct 5)</p>	<p><b>*Zumba®</b> 7:15 - 8:15 p.m.</p>	<p><b>*Zumba Toning®</b> 9:30 - 10:30 a.m.</p> <p><b>*Zumba®</b> 5:30 - 6:30 p.m.</p>		<p><b>*Zumba®</b> 9:30 - 10:30 a.m.</p>		
					<p>Scan for the most up-to-date schedule</p> 	
					<p>Updated 08/21/2025</p>	

Schedule subject to change without notice.      \*Pre-registration is recommended for this program.