



Drop-in Schedule

In Effect Sept. 7 to Dec. 19

Centennial Activity Centre (CAC)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Pickleball (19 yrs+) 9 – 11 a.m. / 12:45 – 2:45 p.m. Youth Volleyball (11–18 yrs) 3 – 5 p.m. Adult Volleyball (19 yrs+) 6:30 – 8:30 p.m.	Youth Volleyball (11–18 yrs) 6:30 – 8:30 p.m. Adult Volleyball (19 yrs+) 8:30 – 10:30 p.m. (Drop-ins Cancelled September 7, October 12)	Family Badminton **(6 yrs+) 6:30 – 8:30 p.m. Adult Badminton (19 yrs+) 8:30 – 10:30 p.m.	Family Basketball **(6 yrs+) 6:30 – 8:30 p.m. Adult Basketball (19 yrs+) 8:30 – 10:30 p.m. (Drop-ins Cancelled September 30, November 11)	Closed	*Youth Lounge (11–18yrs) 6:30 – 10:30 p.m. Youth Badminton (11 – 18 yrs) 6:15 – 8:15 p.m. Youth Basketball (11–18 yrs) 8:30 – 10:30 p.m.	Family Badminton **(6 yrs+) 9:30 – 11:30 a.m. Youth Badminton (11–18 yrs) 11:45 a.m. – 1:45 p.m. Adult Badminton (19 yrs+) 2:45 – 4:45 p.m.

Poirier Community Centre (PCC)

Junior Gym Bugs Gymnastics **(0–2 yrs) 1 – 2 p.m. Pre-register online or pay at Dogwood Pavilion reception for all PCC drop-in programs.	Gym Bugs Gymnastics **(2–5 yrs) 9:15 – 10:15 a.m. Junior Gym Bugs Gymnastics **(0–2 yrs) 10:30 – 11:30 a.m. (Drop-ins Cancelled September 7, October 12)	*The Getaway Youth Centre (11–18 yrs) 12 – 1:15 p.m. / 3 – 7 p.m. Baby and Tot **(0–5 yrs) 11 a.m. – 12:30 p.m.	Baby and Tot **(0–5 yrs) 9:15 – 10:45 a.m. / 11 a.m. – 12:30 p.m. *The Getaway Youth Centre (11–18 yrs) 11:15 a.m. – 12:30 p.m. / 3 – 7 p.m. Gym Bugs Gymnastics **(2–5 yrs) 3:45 – 4:45 p.m. Junior Gym Bugs Gymnastics **(0–2 yrs) 5 – 6 p.m.	*The Getaway Youth Centre (11–18 yrs) 12 – 1:15 p.m. / 3 – 7 p.m. Baby and Tot **(0–5 yrs) 11 a.m. – 12:30 p.m.	Junior Gym Bugs Gymnastics **(0–2 yrs) 11 a.m. – 12 p.m. Gym Bugs Gymnastics **(2–5 yrs) 12:15 p.m. – 1:15 p.m. *The Getaway Youth Centre (11–18 yrs) 3 – 9 p.m.	Baby and Tot **(0–5 yrs) 9:15 – 10:45 a.m.
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Schedule subject to change without notice.

*Pre-registration is not required for this program.

** Adult participation required.



Drop-in Schedule

In Effect Sept. 7 to Dec. 19

Dogwood Pavillion

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Adult Qi Gong (19 yrs+) 11:45 a.m. – 12:45 p.m.	Movie Matinee (19 yrs+) 1 – 3 p.m.	Adult Dance4One (19 yrs+) 11:30 a.m. – 12:30 p.m. *Adult Qi Gong (19 yrs+) 7 – 8 p.m.			Adult Dance4One (19 yrs+) 1 – 2 p.m. Technology Support (19+ yrs) 1:30 – 3:30 p.m.	Technology Support (19 yrs+) 9:30 – 11:30 a.m.

Poirier Forum

Pre-register online or pay at Dogwood Pavilion reception for all Poirier Forum drop-in programs.	Adult Women's Only Pickleball (19 yrs+) 2 – 3:45 p.m.	Adult Pickleball (19 yrs+) 12:30 – 2:30 p.m. Adult Pickleball (50 yrs+) 2:30 – 3:45 p.m.	Adult Pickleball (50 yrs+) 2:15 – 3:45 p.m.	Adult Pickleball (50+ yrs) 12:45 – 2:15 p.m. Adults Women's Only Pickleball (19+ yrs) 2:15 – 3:45 p.m.	Adult Women's Only Pickleball (19 yrs+) 2 – 3:45 p.m.	
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Schedule subject to change without notice. *Pre-registration is not required for this program. ** Adult participation required.

Special Information

Poirier Community Centre 630 Poirier St. Monday - Friday 8:30 a.m. – 8 p.m. Saturday & Sunday 8:30 a.m. – 4 p.m.	Dogwood Pavilion 1655 Winslow Ave. Monday - Thursday 8:30 a.m. – 8:30 p.m. Friday & Saturday 8:30 a.m. – 4:30 p.m. Sunday 9 a.m. – 2 p.m.	CAC 578 Poirier St. Sunday 9 a.m. – 8:30 p.m. Monday – Wednesday & Friday 6:30 – 10:30 p.m. Saturday 9 a.m. – 5 p.m.	Poirier Forum 618 Poirier St. The Getaway Youth Centre 620 Poirier St.	Scan for the most up-to-date schedule  Updated 06/22/2026
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