

Drop-In Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Maillardville Community Centre (MCC)						
*Baby and Me **(0 – 2 yrs) 9 – 10 a.m.	*Mini Movers **(0 – 5 yrs) 9 – 11 a.m.	*Mini Movers **(0 – 5 yrs) 9 – 11 a.m.	*Mini Movers **(0 – 5 yrs) 9 – 11 a.m.	*Mini Movers **(0 – 5 yrs) 9 – 11 a.m.	*Mini Movers **(0 – 5 yrs) 9 – 11 a.m.	Youth Open Gym (11 – 18 yrs) 9 – 10 a.m.
*Time for Tots **(2 – 5 yrs) 10:15 – 11:15 a.m.	*Pickleball (19+ yrs) 11:30 a.m. - 1:30 p.m.	*Table Tennis (12+ yrs) 11 a.m. - 1 p.m.	*Pickleball (19+ yrs) 11:30 a.m. - 1:30 p.m.	*Table Tennis (12+ yrs) 11 a.m. - 1 p.m.	*Pickleball (19+ yrs) 11:30 a.m. - 1:30 p.m.	*Baby and Tot **(0 – 5 yrs) 9 – 10 a.m.
*Childminding (6 mos – 5 yrs) 1:15 - 2:45 p.m. <i>(Ends May 7)</i>	*Baby and Tot **(0 – 5 yrs) 12:15 - 1:15 p.m.	*Pickleball (19+ yrs) 11:30 a.m. - 1:30 p.m.	*Baby and Tot **(0 – 5 yrs) 12:15 - 1:15 p.m.	*Pickleball (19+ yrs) 11:30 a.m. - 1:30 p.m.	*All Ages Open Gym 1:30 - 3:30 p.m.	*Baby and Me **(0 – 2 yrs) 10:15 - 11:15 a.m.
Youth Open Gym (11 – 18 yrs) 2:15 - 3:15 p.m.	All Ages Open Gym 1:45 - 2:45 p.m.	*Baby and Tot **(0 – 5 yrs) 12:15 - 1:15 p.m.	Youth Volleyball (11 – 18 yrs) 2 - 4 p.m.	*Baby and Tot **(0 – 5 yrs) 12:15 - 1:15 p.m.	Youth Basketball (11 – 18 yrs) 3:30 - 5:30 p.m.	*Family Badminton **(6+ yrs) 10:30 a.m. - 12:30 p.m.
*Badminton (19+) 3:30 - 5:30 p.m.	Youth Basketball (11 – 18 yrs) 3 - 5 p.m.	*All Ages Open Gym 2 - 3 p.m. 5:45 - 6:45 p.m.	*Baby and Me **(0 – 2 yrs) 3 - 4 p.m.	*All Ages Open Gym 1:30 - 3:30 p.m.	*All Ages Open Gym 5:45 - 6:45 p.m.	*Volleyball (19+ yrs) 4:30 - 6:30 p.m. <i>(Cancelled Apr 22)</i>
*Table Tennis (12+ yrs) 6:30 - 8:30 p.m.		*Baby and Me **(0 – 2 yrs) 3 - 4 p.m.	*Baby and Tot **(0 – 5 yrs) 4:30 - 5:30 p.m.	*Baby and Me **(0 – 2 yrs) 3 - 4 p.m.	*Basketball (19+ yrs) 7 - 9 p.m.	*Table Tennis (12+ yrs) 6:30 - 8:30 p.m.
Youth Hip Hop (11 – 18 yrs) 6:45 – 8:45 p.m.		Youth Basketball (11 – 18 yrs) 3:30 - 5:30 p.m.	*Volleyball (19+ yrs) 7 - 9 p.m.	Youth Basketball (11 – 18 yrs) 3:30 - 5:30 p.m. <i>(Cancelled Jun 1)</i>		Youth Volleyball (11 – 18 yrs) 6:45 - 8:45 p.m.
Family Drop-Ins: Participants must be in groups that include at least one child 6-15 yrs and one adult 19yrs+		*Time for Tots **(2 – 5 yrs) 4:30 - 5:30 p.m.		*All Ages Open Gym 5:45 - 6:45 p.m. <i>(Cancelled Jun 1)</i>		
Family Drop-Ins: These are family-oriented sessions.	Private Coaching: Private instruction or coaching is not permitted in City of Coquitlam gymnasiums.	*Basketball (19+ yrs) 7 - 9 p.m.		*Basketball (19+ yrs) 7 - 9 p.m.	Preteen/Youth Lounge (11 – 18 yrs) M - Th: 3 – 7 p.m. F - Sa: 3 – 8 p.m.	<i>Updated Apr 11, 2023</i>
Schedule subject to change without notice. *Pre-registration is recommended for this program. ** Adult participation required.						